

AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

27 FEBRUARY 2019

REPORT OF CLINICAL COMMISSIONING GROUP

Transforming Children & Young People's Mental Health Provision – Refresh of Local Transformation Plans

SUMMARY

This paper seeks approval for the refresh of the Local Transformation Plan, and in particular a stronger focus on system wide change proposals.

RECOMMENDATIONS

The Health and Wellbeing Board is asked to

- Approve and sign off the overarching priorities of the refreshed Local Transformation Plan
- Note the final refreshed Local Transformation Plan
- Agree to the financial proposals.

DETAIL

- 1.1 In 2014 the government produced '*Future in Mind – Promoting, protecting and improving our children and young people's mental health and wellbeing*¹'. A requirement of *Future in Mind* was for areas to develop a local transformation plan focused on improving access to help and support when needed and improve how children and young people's mental health services are organised, commissioned and provided. There was a further requirement to update this plan annually.
- 1.2 The transformation plan provides a framework to improve the emotional wellbeing and mental health of all Children and Young people across Hartlepool and Stockton-on-Tees. The aim of the plan is to make it easier for children, young people, parents and carers to access help and support when needed and to improve mental health services for children and young people.
- 1.3 The plan sets out a shared vision, reflects on the work already undertaken, sets high level objectives, and an action plan which takes into consideration specific areas of focus for local authority areas.
- 1.4 Since the inception of *Future in Mind*, the focus across the Stockton locality from a Local Authority perspective has been on capacity building, with the majority of the work being carried out within schools to upskill education professionals to be able to have a greater understanding of mental health issues and to be able to deliver low level interventions. Work has also been carried out to establish a baseline view of how children & young people view their own mental health.
- 1.5 From October 2018, utilising *Future in Mind* resources, the CCG and Stockton Borough Council are piloting a 'One Stop Shop' for Children & Young People mental health needs following a GP led

model with Eaglescliffe Medical Practice. Youth Direction are supporting the project with staff being present to offer early support to young people and to assist them in accessing the service. TEWW have also provided a Clinical Psychologist for young people requiring this input.

- 1.6 From a CCG perspective there has been investment in CAMHS specialist services; enabling the Crisis Service to be available 24/7, supporting the development of a Tees-wide Eating Disorder Service, funding Primary Mental Health Support Workers (PMHW) and Early Intervention Psychosis.
- 1.7 The 2018 refresh reflects on the work undertaken to date, as outlined above, but also proposes the following changes:
 - (a) Multi agency strategic planning across Stockton and Hartlepool to redesign the whole system relating to children emotional and mental health and mobilising the required changes
 - (b) Applying to be a Trailblazer site for Mental Health Support Teams in Wave 2 of the Government's programme to implement the recommendations laid down in the Green Paper.
 - (c) Working as a system to apply the principles of the Green paper should the bid referred to in point (b) not be successful
 - (d) Collectively develop a system wide workforce plan.
- 1.8 For the Hartlepool and Stockton agenda, the work will be driven through one working group which will sit across both locality areas. This is a change from current arrangements where there is a working group within each local authority. This will support closer working relationships and be more effective and efficient.
- 1.9 The Hartlepool and Stockton agenda will be supplemented by the Neurodevelopment Pathway work which remains ongoing.

FINANCIAL IMPLICATIONS

Maximum estimate of £772,744 for HAST for 18/19.

It is proposed that for 19/20 expenditure we fund system change rather than individual posts within the local authority. It is expected that this would have greater impact and outcomes would be measurable.

LEGAL IMPLICATIONS

There are no legal or regulatory implications.

RISK ASSESSMENT

The LTP is overseen by working groups and has a governance process to oversee the work, with accountability to the Health & Wellbeing Board and the CCG Executive Board.

COMMUNITY IMPACT IMPLICATIONS

The actions and projects outlined within the Local Transformation Plan will impact on the local population to enhance the provision of mental health support available to children and young people in Stockton.

The plan aims to achieve the following outcomes:

- An improvement in the emotional well-being and mental health of all children and young people;

- Multi-agency approaches to working in partnership, promoting the mental health of all children and young people, providing early intervention and also meeting the needs of children and young people with established or complex problems;
- All children, young people and their families with an identified need, will have access to mental health care based upon the best available evidence and provided by staff with an appropriate range of skills and competencies.

COUNCIL PLAN POLICY PRINCIPLES AND PRIORITIES

This transformation plan contributes to the delivery of local priorities detailed within the local JSNA (Joint Strategic Needs Assessment).

The transformation plan has also been written with consideration of the following strategies:

The Stockton-on Tees Health and Wellbeing Strategy also aims to give every child the best start in life and children and young people the opportunity to maximise their capabilities to have control of their lives. There is specific acknowledgement to improve the mental health and wellbeing of children and young people. Stockton-on-Tees are also developing an 'all age' integrated mental health strategy which will have children & young people as an integral strand.

Stockton on Tees Children and Young People's Partnership has endorsed the Children and Young People's Plan 2019-2024 which places the emotional health and wellbeing of children and young people at its core and sets out a clearly defined approach to supporting children and young people to build resilience, form safe and trusted relationships, and understand and build upon their strengths.

CONSULTATION, INCLUDING WARD/COUNCILLORS

Members of Stockton Borough Council have supported the refresh of the Local Transformation Plan and continue to attend appropriate *Future in Mind* meetings to progress the actions/priorities.

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